

# THE BLANKET FORAGE



## What are the advantages to letting our dogs forage?

Foraging is another genetically instinctive behavior that dogs have in them from centuries ago when they had to find their own food. It requires a lot of mental focus and is a great enrichment activity to reduce your dog's energy level and give you some free time from your puppy or adolescent dog.

Javy patiently waiting to forage

## Here's how we teach dogs to forage?

1. The great news is that you don't have to teach your dog this skill. However, you may have to stop giving your dog "free" treats, which I recommend anyway if you like the idea of your dog learning skills. I enjoy dog training tremendously, but if I had a steady flow of money appearing in my bank account out of nowhere, I'd probably only train dogs when I felt like it. So no more free treats! Dogs were bred to help humans and most still want a job. Ask for something.
2. Okay here's how to set-up foraging:

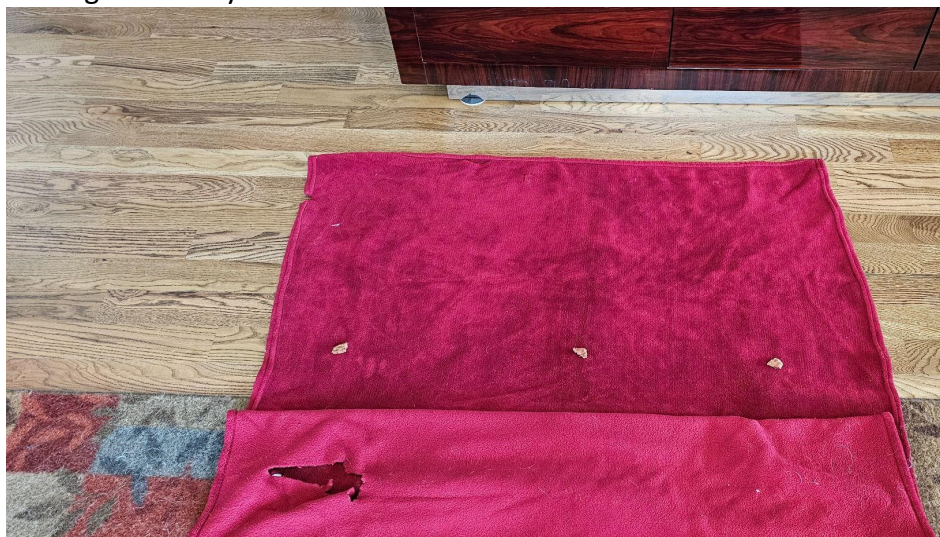
Lay out a small size blanket that you don't mind if it gets torn up



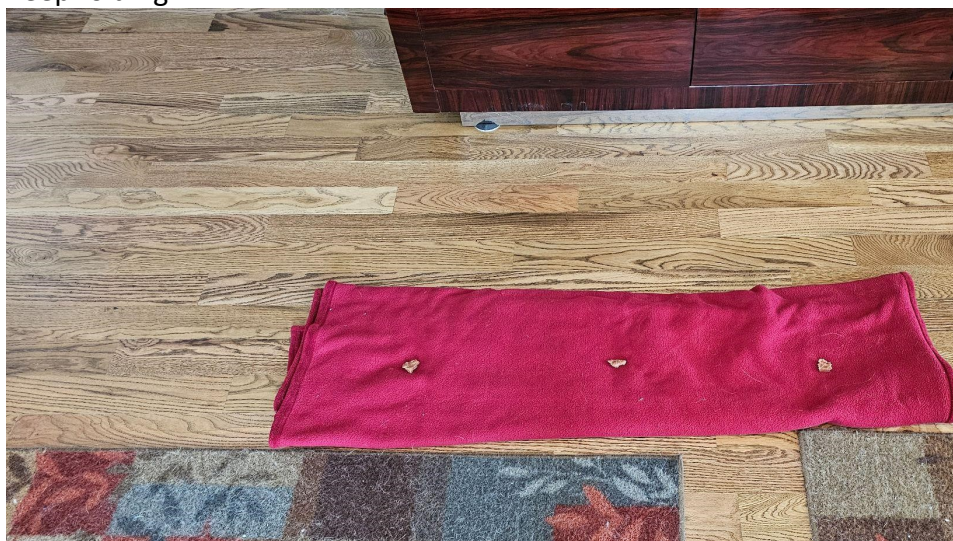
Put 3 treats spaced apart like so and then fold



Fold again and lay 3 treats across like so



Keep folding



It'll look like this when you're done



Now let the enrichment begin



[Video of Javy in action foraging](#)

**PRO TIP:** Don't forget to use [high value treats](#)