

## JEAN DONALDSON'S FRAMEWORK FOR



I like and follow the training framework of [Jean Donaldson in her book and video, Train Your Dog Like a Pro](#), because it helps us identify when our dogs are ready to take on a higher level of difficulty or distraction when teaching them any new skill, and It's simple and easy to remember. Here's a quick summary of how it works:

**Do sets of five repetitions for each new skill** and add more distraction or difficulty in accordance with the results below:

- When your dog behaves as expected 0, 1, or 2 out of 5 repetitions, reduce any distraction if possible and/or make the skill easier.
- When your dog behaves as expected 3 or 4 out of 5 repetitions, keep practicing at the same level of distraction and difficulty.
- When your dog behaves as expected 5 out of 5 repetitions, add a higher level of distraction or difficulty.
- When your dog behaves as expected 5 out of 5 repetitions in every set, move to a new location in your house.
- When your dog behaves as expected 5 out of 5 repetitions in every set, everywhere in your home, take training outside, again starting with the least distracting outdoor environment.